

# Instructor Reflections and Remarks about the Course

(An Online, Accelerated 6-week Presentation)

## INTRODUCTION

Anatomy and Physiology is an adventure; we will explore material and topics you may never have considered before. Expect to be illuminated.

Anatomy and Physiology is a language; you will be introduced to a substantial list of new vocabulary and need to use it accurately.

Anatomy and Physiology is a (mental) workout; you will form new connections and discard old ideas. Building a strong foundation and understanding in any new field takes dedication.

Yes, you will need to *STUDY HARD* ! ! !

But I am here to help. To be clear, I cannot do your work for you. However, I am here to encourage and guide you with techniques to master the material effectively. You will certainly want to plan out your daily routine to include several hours of study each day.

## TIME MANAGEMENT AND CAREER GOALS

We all come from different backgrounds, and our employment obligations, along with family relationships and responsibilities, need to be maintained. With all the various demands on our time and resources, scheduling another significant activity can sometimes be challenging. Planning several hours daily for study can be a daunting prospect for some. However, this is an issue that the student must address immediately, and it requires a quality decision if success is to be guaranteed.

With this in mind, I encourage you to discuss your educational needs with those important in your life as you develop your career. I would also suggest that you evaluate all time-consuming activities in your life and make appropriate adjustments, considering your important career aspirations. The word “priorities” comes to mind here.

## COURSE STRUCTURE and INSTRUCTIONAL METHOD

This course is *accelerated* and divided into several topical units. We will cover content that typically spans an entire 16-week semester, condensing it into just 6 weeks. Each unit has specific instructional goals; therefore, most units will be assessed individually. Access to specific unit instructional goals and assignments can be found under the topic headings on Blackboard or the instructor's website. Assessment will be conducted through exams to be completed on the designated date and time listed on the syllabus. Target dates can be found on the syllabus, but it should be understood that these are target dates and may be adjusted according to the progress of the lecture sequence.

FOR EACH UNIT YOU WILL BE EXPECTED TO:

- Master the anatomy as outlined in the lecture materials.
- Master physiological themes, concepts, and processes presented in the course material as they relate to anatomy.

With all this said, I am confident that you will find this course challenging, enlightening, and well worth the hard work you will need to invest.

Get ready to STUDY HARD!!!